

# MARCH 2024 NEWSLETTER

## Introduction

Good afternoon members and friends of PNMSA.

What beautiful weather we are having at the moment - and the footy is back, Easter is around the corner and we have a fair bit for you to read today.

To those of you with an eagle eye - you will notice a new Logo at the top of this Newsletter. It incorporates our new Website address [www.ptnepeanmensshed.org.au](http://www.ptnepeanmensshed.org.au)

This new website doesn't require you to have passwords to login, so is much easier to access and is far more intuitive to use than our previous site. As you can imagine this has been a major job requiring many hours of discussion and technical know how to rebuild the site - which is still being added to over coming weeks.

I do acknowledge the terrific work of Warren, Terry and Mark in this major project - and we all pay particular thanks to Joanne and Hugh Irvine for their time and expertise in enabling this to be undertaken. Many thanks to all of you.

Please also note several references to fundraising Community Events below you may wish to support, as well as highlighting some of the community activities members have been engaged in in recent weeks.

Of immediate need for attention is our popular Fish n Chips Lunch this coming Thursday. We still have room for a few more members and we ask that you book asap as per the Poster below - and remember President John is our special Guest Speaker - see you there!

Graham Goudie (GG)

## PNMSA Member's Lunch

**Lunch @ the Hangar**



**Pt. Nepean Men's Shed**

Please join us for our Autumn lunch at the Hangar

**Date: Thursday 21 March 2024**  
**From Noon**

**Includes:** Fish & chips with salad and cheeses  
Please advise if any dietary requirements  
A free drink on arrival but BYO Drinks

**\$20 per person.**

Please book before Tuesday 19 March by paying our social account:  
BSB 633000 A/C 190944371 Name: G Wilkinson Ref: 'Fish ':[surname]

## Notes from Secretary John

- The Friends of Stringer Reserve group conducts working bees at the reserve every second Monday of each month from 1.30 pm. PNMSA members are requested to support this group where possible.
- The PNMSA is conducting an update of its member photo board at the Hangar. All members, particularly new members, are requested to provide a passport type photo to secretary John Crough on email [johncrough@hotmail.com](mailto:johncrough@hotmail.com) at your earliest convenience.
- The text messaging system that the PNMSA has previously used has been shut down due to rising costs and the committee has decided to adopt the WhatsApp system, which will be commissioned as soon as possible.
- The code for the key safe at the Hangar has been changed for security reasons. Any member wishing to access the key is advised to contact John Crough on 0425 827 910.
- Matthew de Poilly, who is the newly appointed Co-ordinator - Community Connection at the Mornington Peninsula Shire Council, attended the PNMSA Committee of Management meeting recently. He outlined his role at the Council, with particular focus on being the first point of contact for men's sheds on the Peninsula. He expressed his intention of being a regular visitor to the PNMSA and will be a recipient of our newsletter.
- As arranged by Lino Tarquinio, a group from the Mount Duneed Men's Shed will visit the PNMSA on Thursday 23 May. This will involve a tour of our facilities and a luncheon; PNMSA members are encouraged to be involved in this event and to extend a very warm welcome to our visitors.

## Fundraiser for Local Kids

Members will recall we recently had Social member Andrea G-K speak to us about a major project to raise funds to enable local kids (from 7 schools in the Southern Peninsula) attend live Opera for children in Melbourne. The Poster below outlines the Event and we are looking for members to get together with friends to book a table for what should be a fantastic night. We already have at least 1 table of members - let's see if you can make it another. Here is a link to a video Andrea has made available.

<https://youtu.be/kJfseQKUy9Y>



## The World Premiere Movie Night at The Hangar

After much discussion, work, new gear and with the full backing of your Committee, Warren launched the start of Movies by The Bay at The Hangar.

Warren wrote -

### MOVIE NIGHT.

The world premier Shed movie night was a terrific success with about 26 in attendance. The movie was *Echo in the Canyon* which was enjoyed by all with many requests for a re-run.

The Hangar is a terrific venue for the movies. We have requests for the next movie, so keep your eye on the newsletter. Many thanks to Mark Ferguson who helped put the video and audio gear into action. Thanks lads!



### **Barefoot Bowls at Sorrento**

One of our Shed's most involved and active members provided the following Report of what sounds like a great evening at Sorrento Bowls Club - thank you Greg!

A splendid BARE FOOT BOWLS Evening hosted by Sorrento Bowling Club, Weather could of been kinder, but enjoyable night had by all bowlers with a nice hamburger meal and finished with a fruit platter. Best club meal on the Peninsula.

John Crough did an excellent job of organising the event and representing PNMSA in his reply speech to President of Sorrento Bowling Club. Some Facts and Figures - 10 rinks were operating with groups of 4 playing for approx 2hrs when slight rain ended proceedings. The Club Kitchen staff had warm meals on hand which were greatly appreciated, Figures were - Revenue on meals \$700 and estimated Bar Revenue Approx \$700 - a nice earner for the club and Richard Fyffe's Bowls Racks made by PNMSA Wednesday Woodworkers were a hit with Sorrento BC.

A successful event at minimal cost to help a neighbouring club to raise funds and create fellowship amongst Peninsula folk. Thanks to all participants.



### **The Shed Men play at Eagle Ridge**

Our in house band, The Shed Men, have been enjoying playing around various venues recently performed at Eagle Ridge Golf Club. They were invited to support Ros Men's Shed major fundraising event for the year and were based for a number of hours near the 8th tee - and were very well received. A number of players joined in also had a Kathy, a local singer, join the boys for a few numbers. Well done ladies I missed it!



### **Sorrento Pre-School**

Terry and some of the blokes at Stringer's Shed have been continuing to help Sorrento Pre-school. Their latest venture included recycling several old wooden frames originally made by John Stevo - clever stuff.



### **Project at St Joe's in Sorrento**

Some terrific work again from Terry and PNMSA members for St Joe's - and special mention is made of Paddy's involvement in cutting out all the shapes - everyone is delighted with the outcome.



### Music Lovers - Tom Katz set to Rock



**Help a Mate**

One of the most successful programs we run in our Men's Shed is the '**Help a Mate**' program which was the brainchild of member John Peters several years ago and - and it has the full support of all members. When one of our members needs a bit of a helping hand, all he has to do is contact John and discuss his need for some assistance. The request is dealt with initially by JP, then is considered by our Project Group, convened by Marcus, for a final decision.

Recently John has been joined in conducting the program by Darrell M and Damian G. These blokes will run the program in coming months whilst JP enjoys a much anticipated trip. Give them a call if you want to discuss your need for Help a Mate.

I was recently given permission to share with you a brief note of thanks for 'Help a Mate' as it shows an example of what can be arranged. See below a copy of a note of thanks.

*Marshall and I would like to thank Terry for taking the time to drive Marshall to Mornington to his driving assessment which took an hour for the assessment!! He was successful which is great. Thank you so much Terry.*

*We would also like to thank John Peters who took time from his Sunday to take rubbish to the tip for us. The Men's Shed has wonderful kind members. It's lovely to know there is always someone there who can help. Kind regards Marshall and Maria Rigbye*

## **Umbrella**

## **Dementia**

## **Cafe**

We recently hosted Kirstie from Umbrella Dementia Cafe - an organisation founded by herself. She gave a very inspiring speech to members and I think we all felt it a much needed activity group for those with Deementia - and their Carers. Later on, a session was held at The Hangar and supported by John C, Yves and Terry. Terry wrote the following :-

*I am sure both John and Yves would agree that we saw what a fabulous impact these cafe sessions have on both carers and the person living with Dementia. 14 couples attended the afternoon event.*

*Kirstie managed to keep her energy levels high throughout the day and when you add Colleen Mckay to the mix, you have one formidable positive force.*

*Everyone loved the venue, the BBQ (John has replaced Ian Mellett as head chef), and the young musician and his choice of songs. Great to hear people joining in the songs and to see some of the couples dancing again!! With no-one in a hurry to leave, we were getting a bit concerned about sending any of them home!! Fortunately, Kirstie cracked the whip before they really settled in.*

My personal thanks to Brian Stacey for connecting us with Umbrella Dementia Cafes.





